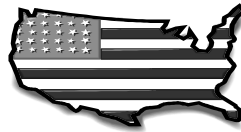




We are thankful!

The Franklin PTA would like to thank you.

Thank you to all the families who came to our Fall Dance. Everyone had a ghoulish good time. We had approximately 300 people attend. We would like to especially thank the **3rd grade teachers, parents and kids** for volunteering your time!



Voting

"One Vote Can Make a Difference" - by Marilyn Wellman, Legislative Advisor

It is easy to feel as if your single vote would be lost among the millions of those cast nationwide. But your vote does make a difference - whether in a national, state or local election. These are just a few races that have been decided by a small number of votes:

- 1) In 1996, Ron Wyden election to the U.S. Senate from Oregon by one percent of the vote
- 2) In 1977, the Mayor of Ann Arbor, MI, was elected by just one vote
- 3) In 1960, John F. Kennedy won the presidency by only one vote per precinct in Illinois. One voter in each precinct would have changed the result in Illinois, resulting in the national election of Richard Nixon
- 4) In 1839, Marcus Morton was elected Governor of Massachusetts by one vote

Everyone has the right to be informed to learn more about our candidates for President, check out their web-sites:

McCain

Obama

www.JohnMcCain.com

www.barackobama.com



At the October meeting the sign for outside was discussed. This is the most current information on the situation.

*Additional changes need to be made in order for the proposed sign to be in compliance with the City of West Allis' sign regulations.

*One specification needed is Masonry block. Poblocki is willing to donate the brick; however, we need to pay for the labor to construct it. We are waiting on Poblocki for a final quote.

*Poblocki stated they will dispose of the sign that is there. Nick Norman has offered to remove the old stone and utilize it around the school grounds, free of charge.

*The sign project will be discussed again at the November 12th Meeting. Please join us!

Upcoming Events

November 6th

Market Day pickup

3:30

November 12th

Principal dinner chat

5:30

November 12th

PTA meeting 6:30 pm

November 15th

Fall Fundraiser pickup

7:45—12:00 am

November 25th

PTA Academic Night

December 5th

Holiday Craft Night

Fit Fact of the Month

As the leaves begin to change color and the days get shorter we start to think about dressing warmer to protect ourselves and our children against the cold, harsh weather that comes with fall and winter time. Exposure to cold temperatures without adequate protection can result in frostbite. Usually it is the face, nose, ears, fingers and toes and obviously the colder and windier it is, the quicker an unprotected body part or area will become frostbitten.

Here are some helpful tips on how to prevent frostbite:

*Children should be dressed warmly with properly fitting clothing. Several thin layers will help keep children dry as well as warm. Clothing should include long johns, turtlenecks, one or two shirts, pants, sweater, coat, warm socks, boots, gloves or mittens and a hat.

*Do not let children stay out in the cold too long. Set reasonable time limits on outdoor play. This of course will depend on how cold it is.

*When possible, avoid taking infants and young children outdoors when it is colder than 40 degrees.

*Make sure children's clothing is dry. Change into dry clothing immediately as wet clothing can make frostbite occur quicker. Keep these tips in mind, even for older children and teach them how to prevent frostbite too.

Mealtime Makeover : Taco Popcorn This is a low-fat and low-carbohydrate treat, excellent for your next movie night. The spices add an interesting flavor to the snack. **Prep Time: 15 min.**

Ingredients: 7 1/2 cups air popped popcorn, butter-flavored cooking spray, 1 1/2 tsp. cumin, 1 1/2 tsp. garlic powder, 1 1/2 tsp. onion powder, 1 1/2 tsp. Worcestershire sauce, cayenne pepper (optional)

Directions: 1. Preheat oven to 300 degrees Fahrenheit (148 degrees Celsius) 2. Put popcorn in a large mixing bowl. 3. Lightly coat popcorn with cooking spray. Toss and coat again.

4. Combine cumin, garlic powder, onion powder, and cayenne (optional). 5. Sprinkle spices over popcorn and toss to coat evenly. 6. Drizzle Worcestershire sauce over popcorn and toss.

7. Spread popcorn evenly in a large baking pan. 8. Bake for 10 minutes, tossing once.

Serves: 6 **Serving Size:** 1 1/2 cups

Nutritional Analysis (per serving): 45 Calories, 1g protein, 1g fat, 0g sat. fat, 9g carbohydrate, 2g fiber, 0mg cholesterol, 28mg sodium, 9mg calcium, 0.6mg iron

For additional information, please visit one of these sites

Franklin PTA: www.franklin-pta.org

WAWM Council: www.wawmpta.org, Wisconsin Council: www.wisconsinpta.org, National Council: www.pta.org